

Photo by the RWA Photo Contest Winner Allisyn Shlank



**South Central Connecticut
Regional Water Authority
Recreation Area -
PERMIT REQUIRED**

Directions and Parking:

Lake Saltonstall can be accessed via I-95 - Exit 52 to Route 1 (Saltonstall Parkway/West Main Street) Lake Saltonstall has two gated entrances that are located off Hosley Avenue the central gate is closest to fishing access and the northern gate is for hiking.

Permitted Activities:

This site is for passive use only—no mechanized vehicles. Hiking and bicycling only. Bicycling is permitted from April 15th-December 31st. Bikers can ride on designated trails only and must yield to all hikers. Shore and Lake fishing is permitted by State permit. Wading and swimming are prohibited. Dogs are not permitted.

For more information about this location and to obtain a permit— contact:

Regional Water Authority
Recreation Department
(203) 401-2654
www.rwater.com/recreation

This project made possible through a grant from the National Recreational Trails Program, the Federal Highway Administration, and the Connecticut Department of Environmental Protection.



Mapping for this brochure has been produced by John Triana of the Regional Water Authority.

South Central Regional Council of Governments

127 Washington Avenue, 4th Floor West
North Haven, CT 06473

Phone: (203) 234-7555
Fax: (203) 234-9850
E-mail: trails@scrcog.org

plantations, native hardwoods, and a powerline right-of-way. It's the best trail for spring wildflowers, but includes some wet areas.

The Ridge Trail is a dead-end trail that runs along the top of the Saltonstall Ridge, offering scenic views. You can access the Ridge Trail from the main Nature Trail. Once on the Ridge Trail, you can hike the short Vista Trail that provides an overlook from Saltonstall Ridge to the west.

The RWA fish shack is located just off Hosley Avenue on Fish Dock Road at the Branford/East Haven town line. Twenty-five row boats are available for a fee on a "first come, first served" basis. In addition, a limited number of electric motors and batteries are available for rental. The fish shack is staffed during fishing season. Call (203) 401-2654 for hours.

A Regional Water Authority (RWA) Recreation Area – Lake Saltonstall provides a home for many species of birds and forest animals. Here you can hike, jog, or bicycle along nine miles of trails, learn about local plants and animals while walking along the 1.4 mile interpretive nature trail, or take advantage of some of the finest freshwater fishing in the stocked lake. A wheelchair accessible floating pier is located on site.

The Lake Saltonstall Trail is the site's most popular trail and is perfect for jogging, hiking, bicycling, or cross-country skiing. You'll find beautiful views of the lake all year long. You can traverse the trail one way along the lake to take advantage of the view or do the entire loop around. The inland portion of the trail weaves in and out of spruce and pine

19 (RWA)

LAKE SALTONSTALL

***East Haven &
Branford, CT***

Regional
Water
Authority
Recreation

G=Green, O=Orange, R=Red,
W=White, Y=Yellow

